

WHEAT THINS Everything Snack Mix

Bring the popular everything seasoning to a salty snack mix of crackers, pretzels and nuts for a bold party appetizer that is easy to make ahead.



Prep Time 10 min **Total Time** 30 min **Makes about** 5 -1/2 cups, 16 servings, about 1/3 cup each.

Ingredients

3 cups WHEAT THINS Original Snacks
2 cups miniature pretzel twists
1 cup lightly salted mixed nuts
2 egg whites
½ cup sugar
2 Tbsp. salt -free everything seasoning

Preparation

Heat oven to 325°F.

Combine first 3 ingredients in large bowl.

Whisk egg whites and sugar until frothy; stir in seasoning. Add to WHEAT THINS mixture; mix lightly.

Spread onto large foil-covered baking sheet sprayed with cooking spray.

Bake 15 to 20 min. or until crisp and golden brown. Meanwhile, cover second baking sheet with foil; spray with cooking spray.

Spoon WHEAT THINS mixture onto second prepared baking sheet; cool completely.

Tips

How to Store

Store in tightly covered container at room temperature up to 1 week before serving.

Substitute

Prepare using your favorite variety of nuts, such as almonds, peanuts or pecans.

Nutrition Information per Serving: 190 Calories, 7g Total Fat, 1g Saturated Fat, 0g Trans Fat, 0mg Cholesterol, 300mg Sodium, 28g Total Carbohydrate, 2g Dietary Fiber, 7g Total Sugars (Includes 6g Added Sugars), 4g Protein