

Strawberry Banana Hydrator

Ingredients:

- $\frac{3}{4}$ cup almond milk
- 1-pk Liquid I.V. Hydration Multiplier Strawberry
- $\frac{3}{4}$ cup frozen strawberries
- 1 banana, peeled & quartered
- 1 tablespoon chia seeds

Directions:

1. Place all ingredients into the 26-oz to-go cup in order listed.
2. Press SMOOTHIE.
3. Remove blades from cup after blending.
Attach lid to enjoy on the go.

