

Strawberry Banana Hydrator

Ingredients:

¾ cup almond milk
1-pk Liquid I.V. Hydration Multiplier Strawberry
¾ cup frozen strawberries
1 banana, peeled & quartered
1 tablespoon chia seeds



Directions:

1. Place all ingredients into the 26-oz to-go cup in order listed.
2. Press SMOOTHIE.
3. Remove blades from cup after blending.
Attach lid to enjoy on the go.