



Cloud Smoothie

What you need:

For the smoothie base:

- 1.5 cups frozen strawberry slices
- 1 cup Silk unsweetened almondmilk
- 1/3 cup frozen riced cauliflower
- 1 tbsp sesame seeds
- 1 tbsp cake batter protein powder (or sub strawberry)
- 1 small banana
- 2 tbsp Activia Proactive vanilla yogurt

For the glass:

- 3-4 tbsp Activia Proactive vanilla yogurt
- ½ tsp butterfly pea flower powder (optional)

Instructions:

Combine all smoothie base ingredients into a high speed blender. Blend until smooth, then set aside.

Use the back of a spoon to push yogurt onto the sides of a 16-20oz glass, in cloud-like formations every couple of inches. Add the butterfly pea flower powder to the bottom of the glass. Then, pour the smoothie into the cup, filling it up to the top. Use a straw to stir the bottom a bit, so that the butterfly pea flower powder gets swirled around in the bottom quarter of the glass. Enjoy!