

Rocky Road Protein CREAMi®

Makes 2 servings

305 calories / 7F / 29C / 32P

Per serving



Ingredients:

12 oz. 2% milk

2 servings Clean Simple Eats Chocolate Brownie Batter Protein Powder

1 Tbs. cocoa powder

2 Tbs. 2% milk

Toppings:

2 Tbs. almonds, chopped

8 mini marshmallows

2 tsp. chocolate syrup

Instructions:

1. Add the milk, protein powder, and cocoa powder to a Ninja® CREAMi® jar. Froth until smooth. Cover and freeze overnight.

2. Add the jar to the Ninja® CREAMi® Ice Cream Maker and spin on “Lite Ice Cream.” Remove and add two tablespoons of milk. Return to the Ninja® CREAMi® Ice Cream Maker and spin on “Re-Spin.”

3. Split into two servings. Top each serving with four mini marshmallows, one tablespoon of chopped almonds, and one teaspoon chocolate syrup. Enjoy!

To make this protein-packed recipe, you will need a Ninja® CREAMi® Ice Cream Maker.