

Piña Colada Protein CREAMi®

Makes 2 servings

220 calories / 2F / 25C / 25P

Per serving



Ingredients:

4 oz. pineapple juice

8 oz. 2% milk

2 servings Clean Simple Eats Coconut Cream Protein Powder

Toppings:

100g fresh pineapple, chopped

Instructions:

1. Add the milk, pineapple juice, and protein powder to a Ninja® CREAMi® jar. Froth until smooth. Cover and freeze overnight.
2. Add the jar to the Ninja® CREAMi® Ice Cream Maker and spin on “Lite Ice Cream.” Remove and add two tablespoons of milk. Return to the Ninja® CREAMi® Ice Cream Maker and spin on “Re-Spin.”
3. Split into two servings and top with fresh pineapple. Enjoy!

To make this protein-packed recipe, you will need a Ninja® CREAMi® Ice Cream Maker.