

Mint Chocolate Cookie Protein CREAMi®

Makes 2 servings

275 calories / 6F / 25C / 30P

Per serving



Ingredients:

12 oz. 2% chocolate milk

2 servings Clean Simple Eats Mint Chocolate Cookie
Protein Powder

2 Tbs. 2% chocolate milk

Toppings:

4 Oreo® brand mint cookie thins

Instructions:

1. Add the chocolate milk and the protein powder to a Ninja® CREAMi® jar. Froth until smooth. Cover and freeze overnight.
2. Add the jar to the Ninja® CREAMi® Ice Cream Maker and spin on “Lite Ice Cream.” Remove and add two tablespoons of chocolate milk. Return to the Ninja® CREAMi® Ice Cream Maker and spin on “Re-Spin.”
3. Split into two servings. Top each serving with two crushed mint Oreo® cookies. Enjoy!

To make this protein-packed recipe, you will need a Ninja® CREAMi® Ice Cream Maker.