



Vegan Black Bean Tostada

Gluten free, grain free, dairy free, soy free, vegan

Ingredients

- 4 Siete Grain Free Almond Flour Tortillas
- 1 can Siete Vegan Refried Black Beans
- ½ cup vegetable broth or water
- 2 avocados
- 1 lime, juiced
- Sea salt, to taste
- Siete Mild Salsa Roja
- Iceberg lettuce, shredded
- Tomato, sliced

Directions

- 1** Preheat the oven to 350° F. Bake tortillas on a baking sheet for 12 minutes or until golden brown and crispy. Set aside.
- 2** In a small pot, add refried black beans and ½ cup of broth or water. Heat over medium heat while stirring.
- 3** In a small bowl, mash avocado, lime juice & season with salt.
- 4** Assemble tostadas by spreading beans & mashed avocado atop each tortilla, & top with salsa, shredded lettuce, & tomato.

Ready in 20 minutes
Serves 2-4 people

