

# Make It Count

## Oikos Triple Zero yogurt bowls

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Work towards your daily nutrition goals with this delicious Oikos smoothie bowl, delivering a good source of calcium, vitamin D, potassium & fiber.

### Ingredients

- 1 5.3 oz Oikos Triple Zero Banana Yogurt
- 1 tbsp nut butter of your choice (or sunflower seed butter for an allergy friendly option)
- 3/4 cup strawberries (reserve 1/4 cup and slice into quarters)
- 1 medium banana (reserve half and slice)
- 1 tbsp chia seeds

### Directions

- Add yogurt, nut butter, 1/2 cup strawberries, 1/2 banana and chia seeds to a blender and blend until smooth.
- Pour into a bowl, top with the rest of the strawberries and bananas.

