

# Feed the Family

Silk banana oatmeal bars

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These oatmeal bars are a tasty crowd pleaser for the whole family. Pair with your favorite yogurt and fresh fruit for a balanced breakfast or add to any lunchbox or snack!



## Ingredients

- 2 ripe bananas, mashed
- 2 eggs, beaten
- 1 & 1/2 cups rolled oats or quick oats
- 1/2 cup Silk Unsweetened Almondmilk or Silk Soymilk
- 1/2 cup raisins or dried fruit of your choice
- 1 tsp vanilla
- 1/2 tsp cinnamon

## Directions

- Preheat oven to 350°F. Grease a rectangular loaf pan and set aside.
- Fork mash bananas in a large mixing bowl.
- Add eggs and whisk together until well combined.
- Add milk, oats, vanilla and cinnamon, and stir until combined. Gently fold in dried fruit until evenly distributed.
- Pour batter into pan and bake for 15–17 minutes until top is no longer wet and shiny. It will slightly start to brown, and a toothpick will come out clean.