



Good & Gather was created around the idea that food should be delicious, easy to afford, and with clear ingredient standards. That's why every Good & Gather item is made without 100+ unwanted ingredients, including synthetic colors, artificial flavors, artificial sweeteners, high fructose corn syrup, and many artificial preservatives. Some Good & Gather products were specially formulated to meet these standards, while others never or typically don't contain them.

Good & Gather Unwanted Ingredient List

Ingredient Name
Acesulfame Potassium
Acetylated esters of mono- and diglycerides (Acetic Acid Esters)
Adipic Acid
Advantame
Alitame
Aluminum Ammonium Sulfate
Artificial Flavors
Artificial Smoke Flavor
Aspartame
Aspartame-Acesulfame

Astaxanthin
Azodicarbonamide
Benzoic Acid
Benzoyl Peroxide
BHA (Butylated Hydroxyanisole)
BHT (Butylated Hydroxytoluene)
Brazzein
Bromated Flour
Butylene Glycol
Butylparaben
Calcium Bromate
Calcium Disodium EDTA
Calcium EDTA
Calcium Propionate
Calcium Saccharin
Calcium Sorbate
Canthaxanthin
Caprocaprylobehenin (Caprenin)
Copper Sulfate
Dicotyl Sodium Sulfosuccinate (DSS)
Dimethyl Dicarbonate
Dipotassium Sulfate

Disodium EDTA
Ethylenediaminetetraacetic acid (EDTA)
Ethyl Maltol
Ethylparaben
FD&C Blue No. 1
FD&C Blue No. 2
FD&C Green No. 3
FD&C Red No. 3
FD&C Red No. 40
FD&C Yellow No. 5
FD&C Yellow No. 6
Citrus Red 2
Orange B
Glucosamine Hydrochloride
Heptylparaben
High Fructose Corn Syrup
Hydrochloric Acid
Hydrogenated Starch Hydrolysates
Hydroxylated Soy Lecithin
Interesterified Palm Oil
Interesterified Soybean Oil
Lactitol

Lactylated Fatt Acid Esters of glycerol and propylene glycol
Magnasweet
Magnesium Silicate (Talc)
Maltitol
Maltotame
Methyl Palmitate
Methylparaben
Mica-Based Pearlscent Pigments
Monoglyceride Citrate
Monoisopropyl Citrate
Neotame
Octyl Gallate
Potassium Aluminum Phosphate
Potassium Aluminum Sulfate
Potassium Benzoate
Potassium Bisulfite
Potassium Bromate
Potassium Iodate
Potassium Metabisulfite
Potassium Nitrate
Potassium Nitrite
Potassium Propionate

Propionic Acid
Propyl Gallate
Propylparaben
Saccharin
Sodium Benzoate
Sodium Bisulfite
Sodium Dithionite
Sodium Lauryl Sulfate
Sodium Metabisulfite
Sodium Nitrate
Sodium Nitrite
Sodium Propionate
Sodium Saccharin
Sodium Sorbate
Sodium Stearyl Fumarate
Sodium Sulfite
Sorbic Acid
Stannous Chloride
Sucralose
Sucroglycerides
Sucrose Polyester
Sulfur Dioxide

Sulfuric Acid
Tagatose
Tertiary Butylhydroquinone (TBHQ)
Tetrasodium EDTA
Thiodipropionic Acid
Titanium Dioxide