



# Enfagrow Strawberry Smoothie

A simple, 3-ingredient smoothie to give your toddler.

## Ingredients:

- 1/2 cup frozen strawberries.
- 1/2 cup Greek vanilla yogurt.
- 5-1/2 teaspoons of Enfagrow Premium Gentlease Toddler Nutritional Drink.

## Directions:

In blender, combine frozen strawberries, Greek yogurt & Enfagrow. Blend until smooth. Cooking method can modify the nutrient delivery of the powder.