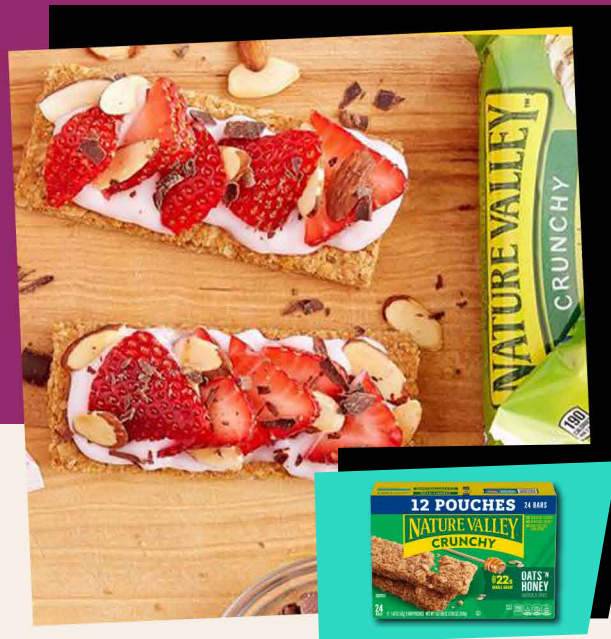


# Strawberry chocolate granola bars

**Prep Time: 5 Minutes**

**Start to Finish: 5 Minutes**



## **Ingredients:**

- 4 teaspoons Yoplait Original strawberry yogurt or Greek Fat Free strawberry yogurt
- 1 pouch (2 bars) Nature Valley oats 'n honey crunchy granola bars
- 2 small strawberries, sliced
- 1 teaspoon shaved dark chocolate
- 1 teaspoon sliced almonds, toasted

## **Method:**

1. Spread 2 teaspoons yogurt on each granola bar.
2. Top evenly with sliced strawberries.
3. Sprinkle with chocolate and almonds.

## **Nutrition information**

**1 Serving Calories 250 (Calories from Fat 90); Total Fat 10g (Saturated Fat 2g, Trans Fat 0g); Cholesterol 0mg; Sodium 190mg; Total Carbohydrate 36g (Dietary Fiber 3g, Sugars 16g); Protein 4g**

**% Daily Value: Vitamin A 0%; Vitamin C 15%; Calcium 4%; Iron 6%;**

**Exchanges: 1 1/2 Starch, 1 Other Carbohydrate, 2 Fat  
Carbohydrate Choice: 2.5**